

WHAT'S FOR BREAKFAST?

- SERVED ALL DAY -

TOASTS - ONE SLICE - \$6 / TWO SLICES - \$11

SIGNATURE AVOCADO

GF Bread, Avocado, Ricotta, House Seasoning, Cracked Salt and Pepper, Red Pepper Flakes, Olive Oil & Lemon

FIESTA AVOCADO

GF Bread, Smashed Avocado, Mexican Street Corn, Cotija, Cracked Salt and Pepper

MAMA'S PESTO AVO

GF Bread, Pesto, Avocado, Mama Lil's Peppers, Mixed Greens, Cracked Salt & Pepper

CAPRESE AVOCADO

GF Bread, Avocado, Fresh Basil, Cherry Tomatoes, Balsamic, Olive Oil Cracked Salt & Pepper

WAFFLES - \$10

THE CLASSIC WAFFLE

Signature GF Waffle Batter with maple syrup, powdered sugar and whipped cream

LEMON BERRY WAFFLE

Signature GF Waffle Batter, berry compote, sweet lemon drizzle, vanilla whipped cream, with side of maple syrup

BERRY CHOCOLATE

Signature GF Waffle Batter, chocolate drizzle, cacao nibs, berry compote, whipped cream, maple syrup

APPLE PIE WAFFLE

Signature GF Waffle Batter, Vanilla Cinnamon Apples, Almond Butter, Maple Syrup, Powdered Sugar, Whipped Cream, Cinnamon

POWER HOT OAT BOWLS - \$10

CHOCOLATE BROWNIE POWER BOWL

GF Oats, Hemp Seeds, Chia Seeds, Plant-Based Chocolate Protein, Cacao, Mexican Vanilla, GF Granola, Cacao Nibs, Maple Syrup

STRAWBERRIES & CREAM POWER BOWL

GF Oats, Hemp Seeds, Chia Seeds, Plant-Based Vanilla Protein, Strawberries, Mexican Vanilla, GF Granola, Honey

CHOCOLATE PEANUT BUTTER POWER BOWL

GF Oats, Hemp Seeds, Chia Seeds, Plant-Based Chocolate Protein, Peanut Butter, PB Fit, GF Granola, Cacao Nibs, Maple Syrup

SUPERFOOD SMOOTHIES

- 100% ORGANIC -

SMOOTHIES - \$11

STRAWBERRY BANANA

Strawberry, Banana, Mexican Vanilla, Agave, Oat Milk

BERRY TROPICAL

Strawberry, Mango, Pineapple, Orange (Pro Tip: Add Vanilla Plant-Protein)

VANILLA SKY

Pineapple, Banana, Vanilla Plant-Based Protein, Spirulina, Coconut Milk, Coconut Swirl (\$11.5)

DRAGON BERRY

Strawberry, Orange, Banana, Pitaya (Dragon Fruit), Oat Milk

MANGO TANGO

Mango, Pineapple, Strawberry, Lemon, Pitaya Coconut Swirl (Pro Tip: Add Vanilla Protein)

KALEIN' IT

Kale, Spinach, Apple, Banana, Lemon (Pro Tip: Add Peanut Butter)

SOME LIKE IT HOT

Mango, Orange, Pineapple, Ginger, Agave, Lemon (\$11.5)

ZIP ZIP

Spinach, Kale, Mango, Banana, Apple, Ginger, Agave, Hemp (\$11.5)

THE PBC (or ABC)

Chocolate Plant-Based Protein, Peanut Butter OR Almond Butter, Banana, Oat Milk

VANILLA PROTEIN

Vanilla Plant-Protein, Nut Butter, Dates, Banana, Mexican Vanilla, Oat Milk (\$11.75)

CHOCOLATE PROTEIN

Chocolate Plant-Protein, Nut Butter, Banana, Dates, Cacao, Mexican Vanilla, Oat Milk (\$11.75)

MATCHA

Avocado, Spinach, Banana, Matcha, Agave, Coconut Milk

MOCHA JAVA

Cold Brew, Chocolate Plant-Protein, Mexican Vanilla, Nut Butter, Banana, Oat Milk (\$11.5)

JUMPIN JAVA

Cold Brew, Vanilla Plant-Protein, Cinnamon, Nut Butter, Dates, Banana, Mexican Vanilla, Oat Milk (\$11.5)

SEASONAL SPECIAL

A rotation of seasonal organic smoothies.

SIGNATURE SALADS AND WRAPS

- STARTING AT 10:30AM -

SALADS

OH MY COBB

(\$16.5)

Lemon Herb Chicken, Romaine + Kale, Cherry Tomatoes, Hard-Boiled Egg, Bacon, Avocado, Blue Cheese, Green Onions, Lemon Wedge
(Blue Cheese Dressing)

THAI ME

(\$16.5)

Sesame Tofu, Basil Blend + Kale + Romaine, Lemon Broccoli, Shredded Carrots, Purple Cabbage, Edamame, Scallions, Peanuts, Sesame Crunch
(Peanut Lime Vinaigrette)

SOUTH BY SOUTHWEST

(\$16.75)

Honey Chipotle BBQ Chicken, Romaine + Kale, Black Beans, Cherry Tomatoes, Red Onions, Avocado, Mexican Street Corn, Purple Cabbage, Cotija, Tortilla Strips
(Red Pepper Feta + On The Ranch)

THE ROMAN EMPEROR

(\$16)

Lemon Herb Chicken, Kale + Romaine, Shaved Parmesan, GF Croutons, Cracked Salt and Pepper, Lemon Wedge
(Caesar Dressing)

THE FRESH FIX SALAD

(\$18)

Kale + Romaine + Basil Blend, Quinoa, Pesto Chicken, Cherry Tomatoes, Basil Balsamic Mushrooms, Cucumbers, Roasted Dijon Brussels, Pickled Red Onions, Shredded Carrots (Fresh Fix Vinaigrette + Pesto)

WRAPS

THAT'S A WRAP

(\$14.50)

Honey Chipotle BBQ Chicken, Sweet Corn, Red Onion, Cherry Tomatoes, Brown Rice + Basil Blend + Kale, White Cheddar, Tortilla Strips
(Blue Cheese + On the Ranch)

PEANUT-BUDDHA

(\$14.50)

Sesame Tofu, Coconut Ginger Rice + Kale, Lemon Broccoli, Shredded Carrots, Purple Cabbage, Edamame, Crushed Peanuts, Sesame Crunch
(Peanut Lime Vinaigrette)

EAT-O A BURRITO

(\$14.75)

Creamy Garlic Onion Chicken, Fajita Veggies, Black Beans, Mexican Street Corn, Pico De Gallo, White Cheddar, Brown Rice, Kale, Tortilla Strips
(Red Pepper Feta + On The Ranch)

PRESTO PESTO

(\$14.50)

Pesto Chicken, Cherry Tomatoes, Red Onions, Kale + Basil Blend, Shaved Parmesan, GF Croutons, Squeezed Lemon
(Caesar + Pesto Vinaigrette)

SIGNATURE WARM BOWLS

- STARTING AT 10:30AM -

GRAIN BOWLS

GREENS N' GRAIN

(\$17)

Pesto Chicken, Quinoa + Basil Blend, Roasted Dijon Brussel Sprouts, Basil Balsamic Mushrooms, Cherry Tomatoes, Red Onion, Feta (Pesto + The Fresh Fix Vinaigrette)

SESAME CITRUS

(\$16.50)

Sesame Tofu, Coconut Ginger Rice + Kale, Purple Cabbage, Shredded Carrots, Lemon Broccoli, Jalapeño, Avocado, Sesame Crunch (Cali Citrus + Spicy Dill Aioli)

SOUTHERN BLUES

(\$16.50)

Honey Chipotle BBQ Chicken, Brown Rice + Kale, Roasted Dijon Brussel Sprouts, Tomatoes, Shredded Carrots, Purple Cabbage, Blue Cheese Crumbles, Green Onions (Blue Cheese Dressing)

HEAT SEEKER

(\$16.50)

Honey Chipotle BBQ Chicken, Brown Rice + Basil Blend, Jalapeño, Sweet Corn, Fajita Veggies, Pico De Gallo, Blue Cheese, Tortilla Strips (Jalapeño Crema + On The Ranch)

GRAIN ROMANCE

(\$16.50)

Creamy Garlic Onion Chicken, Quinoa + Kale, Cherry Tomatoes, Bacon, Mexican Street Corn, Feta, Tortilla Strips (Red Pepper Feta + Fresh Fix Vin.)

ZEN GARDEN

(\$16.50)

Lemon Herb Chicken, Coconut Ginger Rice + Kale + Basil Blend, Lemon Broccoli, Edamame, Shredded Carrot, Green Onions, Purple Cabbage, Crushed Peanuts, Sesame Crunch (Peanut Lime Vinaigrette)

HASH BOWLS

COWBOY BOWL

(\$16.50)

Roasted Herb Potatoes, Honey Chipotle BBQ Chicken, Black Beans, Poblano Corn, Pico De Gallo, Fajita Veggies, Sweet Potatoes, Basil Blend, Tortilla Strips, Blue Cheese Crumble (Red Pepper Feta + Jalapeño Crema)

BRUNCH BOWL

(\$16)

Roasted Herb Potatoes, Maple Glazed Sweet Potatoes, Bacon, Hard Boiled Egg, Pickled Red Onion, Kale Cherry Tomatoes, White Cheddar (Maple Dijon + The Fresh Fix Vinaigrette)

BUILD YOUR OWN

You Pick: (1) 2 Bases (2) 1 Specialty Fixin's
(3) 4 Fixin's (4) 2 Dressings (5) 1 Protein

WRAPS: \$14.50, SALAD/BOWL: \$16.50

EXTRA: BASE (+1.50) SPECIALITY FIXIN' (+1.75), FRESH FIXIN' (+.50),
DRESSING (+.50), PROTEIN (Chicken +4.75, Tofu +3.50)

1 BASES - PICK 2

Cold Bases

- Kale
- Romaine
- Basil Blend
 - Spinach, basil, purple cabbage, mixed greens

Warm Bases

- Coconut Ginger Rice
- Quinoa
- Brown Rice
- Roasted Herb Potatoes
- Maple Glazed Sweet Potato

2 SPECIALTY FIXIN'S - PICK 1

- Lemon Garlic Broccoli
- Basil Balsamic Mushrooms
- Mexican Street Corn
- Maple Glazed Sweet Potatoes
- Fajita Veggies
- Roasted Honey Dijon Brussels

3 FRESH FIXIN'S - PICK 4

- Cucumbers
- Cherry Tomatoes
- Shredded Carrots
- Diced Red Onion
- Purple Cabbage
- Black Beans
- Sweet Corn
- Pickled Red Onions
- Edamame
- Green Onions
- Diced Bacon
- Hard Boiled Egg
- Jalapeno
- Pico de Gallo (+.50)
- Shaved Parmesan
- White Cheddar
- Feta
- Blue Cheese
- Cotija
- Lemon / Lime
- Avocado (+.75)

4 DRESSINGS & DRIZZLES - PICK 2

- Fresh Fix Vinaigrette
- Cali Citrus
- Caesar
- Peanut Lime
- Maple Dijon
- Jalapeno Crema
- Blue Cheese
- Pesto
- Red Pepper Feta
- Spicy Dill Aioli
- On The Ranch

5 PROTEIN - PICK 1

- Lemon Herb Chicken
- Honey Chipotle BBQ Chicken
- Sesame Tofu
- Pesto Chicken
- Creamy Garlic Onion Chicken